

# *Contents*

|  |      |
|--|------|
| <i>Contents</i>  | ix   |
| <i>Table of contents</i>   | xi   |
| <i>Preface</i>   | xvii |
| <br>   |      |
| 1 The history of European prison law and policy                                | 1    |
| 2 Context and theory   | 38   |
| 3 Basic principles   | 86   |
| 4 Conditions of imprisonment   | 126  |
| 5 The prison regime  | 176  |
| 6 Contact with the outside world   | 212  |
| 7 Good order   | 262  |
| 8 Release  | 316  |
| 9 The future of European prison law and policy                                 | 344  |
| <br>   |      |
| <i>Bibliography</i>  | 385  |
| <i>Official documents</i>  | 408  |
| <i>Table of Cases</i>  | 415  |
| <i>Table of International Conventions, Treaties, Instruments and Standards</i> | 423  |
| <i>Table of National Legislation</i>   | 437  |
| <i>Index</i>   | 439  |

# *Table of contents*

|  |           |
|--|-----------|
| <i>Contents</i>  | ix        |
| <i>Table of contents</i>   | xi        |
| <i>Preface</i>   | xvii      |
|  |           |
| <b>1 The history of European prison law and policy</b>   | <b>1</b>  |
| 1 European prison policy from the Enlightenment onwards  | 1         |
| 2 Human rights and the international community   | 5         |
| 3 European human rights developments   | 9         |
| 3.1 Enforcing the European Convention on Human Rights in prison  | 10        |
| 3.2 The Committee for the Prevention of Torture as an alternative source of European prison law and policy                 | 13        |
| 3.3 Recommendations of the Committee of Ministers and other prison policy initiatives of the Council of Europe             | 18        |
| 3.4 Initiatives of the 1990s   | 24        |
| 4 Consolidation and interaction  | 25        |
| 4.1 The growing role of the European Union   | 27        |
| 4.2 Developments within the Council of Europe  | 30        |
| 4.2.1 <i>The Committee for the Prevention of Torture</i>   | 30        |
| 4.2.2 <i>The European Court of Human Rights</i>  | 31        |
| 4.2.3 <i>New recommendations of the Committee of Ministers</i>   | 33        |
| <b>2 Context and theory</b>  | <b>38</b> |
| 1 The problem with prisons—a penological framework for prisoners' rights   | 38        |
| 1.1 Characteristics of prisons as institutions   | 38        |
| 1.2 Modern prison life   | 42        |
| 1.3 Psychosocial effects of imprisonment   | 47        |
| 1.3.1 <i>Entry phase of incarceration</i>  | 48        |
| 1.3.2 <i>Effects of short-term incarceration</i>   | 49        |
| 1.3.3 <i>Effects of long-term incarceration</i>  | 50        |
| 1.4 Interaction between prisons and society, and the resulting characteristics of prison populations in Europe             | 54        |
| 1.5 The place of imprisonment in European criminal justice systems and the resulting characteristics of prison populations | 56        |
| 1.6 Prison numbers and incarceration policies  | 59        |
| 2 Human rights in a democratic constitutional state and prisoners' rights  | 63        |
| 2.1 Human rights in a democratic constitutional state  | 63        |
| 2.2 The prisoner as <i>rechtsburger</i> : when penology and human rights meet  | 69        |

|   |            |
|---|------------|
| 3 Prisoners' rights and the aims of deprivation of liberty                                | 73         |
| 3.1 Complexity of the aims of deprivation of liberty as punishment                        | 73         |
| 3.2 Relative autonomy of the aims of imposing and implementing sentences of imprisonment  | 76         |
| 3.3 Relationship of prisoners' rights to the aims of sentencing                           | 80         |
| 3.3.1 Retribution   | 80         |
| 3.3.2 Deterrence  | 81         |
| 3.3.3 Incapacitation  | 82         |
| 3.3.4 Rehabilitation/social (re)integration   | 83         |
| 3.4 Aims of deprivation of liberty for other categories of prisoners                      | 84         |
| <b>3 Basic principles</b>   | <b>86</b>  |
| 1 Imprisonment as a last resort   | 86         |
| 1.1 Characteristics of a reductionist penal policy  | 87         |
| 1.2 Reductionist penal policies and European human rights standards                       | 87         |
| 1.3 Prison overcrowding   | 88         |
| 1.4 Front door and back door strategies of reductionism                                   | 89         |
| 1.5 Reductionism and the ECHR   | 91         |
| 1.5.1 Article 3 of the ECHR, the length of sentences and the possibility of early release | 92         |
| 1.5.2 Article 5 of the ECHR, the length of sentences and possibilities for early release  | 95         |
| 1.5.3 Articles 8–11 and the length of sentences   | 96         |
| 1.5.4 Article 5 of the ECHR and the application of non-custodial sanctions and measures   | 97         |
| 2 Respect for the human rights of prisoners   | 99         |
| 3 Normalization of prison regimes   | 103        |
| 3.1 Normalization at the individual level   | 104        |
| 3.2 Normalization at the collective level   | 105        |
| 4 Facilitating reintegration  | 105        |
| 5 Prisons in the society, the society inside the prisons                                  | 109        |
| 6 The importance of prison staff  | 110        |
| 6.1 Staff-prisoner relationships  | 110        |
| 6.2 Prison management   | 114        |
| 7 Independent inspection and monitoring   | 116        |
| 7.1 Internal governmental inspection  | 117        |
| 7.2 Independent national monitoring   | 118        |
| 7.3 International monitoring  | 119        |
| 7.4 Research  | 121        |
| 8 Non-discrimination  | 122        |
| 9 Applying the basic principles   | 124        |
| <b>4 Conditions of imprisonment</b>   | <b>126</b> |
| 1 Conditions of detention in general  | 126        |

|  |     |
|--|-----|
| 2 Accommodation  | 130 |
| 2.1 Minimum space  | 131 |
| 2.2 Single, shared or dormitory accommodation                  | 135 |
| 2.3 Separate accommodation for different groups                | 138 |
| 2.4 Infants and young children                                 | 139 |
| 2.5 Special accommodation needs                                | 140 |
| 3 Hygiene  | 140 |
| 4 Clothing and bedding   | 143 |
| 5 Nutrition  | 145 |
| 6 Health   | 147 |
| 6.1 The right to adequate health care                          | 149 |
| 6.2 Confidential access to competent health-care professionals | 150 |
| 6.3 Equivalence of care  | 153 |
| 6.3.1 Women  | 154 |
| 6.3.2 Foreign prisoners and ethnic minorities                  | 155 |
| 6.3.3 Elderly prisoners  | 156 |
| 6.3.4 Prisoners with mental health problems                    | 157 |
| 6.4 Professional independence                                  | 158 |
| 6.4.1 Health and the prison regime                             | 160 |
| 6.4.2 Health, security and good order                          | 160 |
| 6.4.3 Health and release                                       | 164 |
| 6.5 Informed consent   | 165 |
| 6.5.1 Medical examinations                                     | 165 |
| 6.5.2 Force-feeding  | 166 |
| 6.5.3 Medical experiments                                      | 171 |
| 6.6 Preventive health care                                     | 171 |
| 6.6.1 Drug addiction   | 172 |
| 6.6.2 Women  | 172 |
| 6.6.3 Transmittable diseases                                   | 173 |
| 6.6.4 Suicide prevention                                       | 174 |
| 5 The prison regime  | 176 |
| 1 The right to an adequate prison regime                       | 176 |
| 1.1 Prison regimes and inhuman or degrading treatment          | 177 |
| 1.2 Prison regimes and fundamental human rights                | 178 |
| 1.3 Prison regimes and reintegration                           | 178 |
| 1.4 An adequate prison regime for all prisoners                | 179 |
| 1.4.1 Remand prisoners   | 180 |
| 1.4.2 Long-term prisoners                                      | 181 |
| 1.4.3 Women  | 183 |
| 1.4.4 Children   | 185 |
| 1.4.5 Foreign and ethnic minority prisoners                    | 186 |
| 1.4.6 Other categories   | 187 |
| 2 Work   | 187 |
| 2.1 Prisoners' right to work?                                  | 188 |

|       |  |     |
|-------|--|-----|
| 2.2   | Remuneration for prisoners' work                         | 191 |
| 2.3   | Prisoners' duty to work?                                 | 194 |
| 2.4   | Protecting prisoners who work                            | 196 |
| 3     | Education  | 198 |
| 4     | Exercise and recreation                                  | 204 |
| 5     | Thought, conscience and religion                         | 207 |
| 6     | Contact with the outside world                           | 212 |
| 1     | The importance of contact with the outside world         | 212 |
| 2     | Prevention of ill-treatment                              | 214 |
| 3     | Right to correspondence and other forms of communication | 216 |
| 3.1   | Right to correspondence with whom?                       | 219 |
| 3.1.1 | <i>Correspondence with the courts</i>                    | 219 |
| 3.1.2 | <i>Correspondence with legal advisers</i>                | 219 |
| 3.1.3 | <i>Correspondence with international bodies</i>          | 220 |
| 3.1.4 | <i>Correspondence with family, friends and strangers</i> | 220 |
| 3.1.5 | <i>A positive duty to facilitate correspondence</i>      | 221 |
| 3.2   | Legitimate interference with correspondence              | 221 |
| 3.2.1 | <i>Interference in accordance with law?</i>              | 222 |
| 3.2.2 | <i>Interference with legitimate aims?</i>                | 224 |
| 3.2.3 | <i>Interference necessary in a democratic society?</i>   | 224 |
| 3.3   | Other forms of communication                             | 226 |
| 4     | Right to family life                                     | 228 |
| 4.1   | Right to marry   | 230 |
| 4.2   | Right to found a family                                  | 231 |
| 4.3   | Parental and children's rights                           | 233 |
| 4.4   | Right to family visits                                   | 235 |
| 4.4.1 | <i>Who is allowed to visit?</i>                          | 236 |
| 4.4.2 | <i>Limitations on visits</i>                             | 237 |
| 4.4.3 | <i>Allocation and transfer of prisoners</i>              | 239 |
| 4.4.4 | <i>Conditions of the visits</i>                          | 240 |
| 4.4.5 | <i>The question of conjugal visits</i>                   | 241 |
| 4.5   | Right to family life and humanitarian leave              | 245 |
| 5     | Right to contact with lawyers                            | 247 |
| 6     | Right to freedom of expression                           | 249 |
| 6.1   | The right to hold and express opinions                   | 249 |
| 6.2   | The right to vote  | 251 |
| 6.3   | The right of access to information                       | 257 |
| 6.4   | The right to impart information                          | 260 |
| 7     | Good order   | 262 |
| 1     | General approach to good order and dynamic security      | 263 |
| 2     | Safety and security                                      | 267 |
| 2.1   | Admission  | 268 |

|       |   |     |
|-------|---|-----|
| 2.1.1 | <i>Security</i>   | 268 |
| 2.1.2 | <i>Safety</i>   | 269 |
| 2.2   | Transfer  | 271 |
| 2.3   | Special high security and safety measures                     | 273 |
| 2.3.1 | <i>Solitary confinement</i>                                   | 276 |
| 2.3.2 | <i>High security units</i>                                    | 282 |
| 2.4   | Searches  | 285 |
| 2.4.1 | <i>Searches and inhuman or degrading treatment</i>            | 285 |
| 2.4.2 | <i>Searches and private life</i>                              | 289 |
| 2.5   | Use of force  | 291 |
| 2.6   | Weapons   | 293 |
| 2.7   | Restraints  | 295 |
| 3     | Prison discipline   | 298 |
| 3.1   | Disciplinary offences   | 299 |
| 3.2   | Disciplinary procedures                                       | 301 |
| 3.3   | Disciplinary punishments                                      | 304 |
| 4     | Complaints and requests                                       | 305 |
| 4.1   | Right of access to complaint and request procedures           | 306 |
| 4.2   | Information as the basis for complaints and requests          | 306 |
| 4.3   | Responding to prisoners' complaints and requests              | 307 |
| 4.4   | Complaints by others about the treatment of prisoners         | 312 |
| 4.5   | Complaints to international bodies                            | 314 |
| 8     | Release   | 316 |
| 1     | The significance of release in European prison law and policy | 316 |
| 2     | Prison leave  | 321 |
| 3     | Conditional release   | 324 |
| 4     | Release of lifers   | 328 |
| 5     | Preventive detention  | 336 |
| 6     | European law and release from fixed-term sentences            | 337 |
| 7     | Preparation for release                                       | 340 |
| 8     | Post-release status   | 342 |
| 9     | The future of European prison law and policy                  | 344 |
| 1     | The European prisoner as legal citizen?                       | 344 |
| 2     | The European prison as post-authoritarian institution?        | 348 |
| 2.1   | Total institutions  | 349 |
| 2.1.1 | <i>Same place and authority</i>                               | 349 |
| 2.1.2 | <i>Little contact with the outside world</i>                  | 349 |
| 2.1.3 | <i>Protection of society as primary aim</i>                   | 350 |
| 2.1.4 | <i>Imbalance of power</i>                                     | 350 |
| 2.2   | The pains of imprisonment and resulting psychosocial effects  | 352 |
| 2.2.1 | <i>The pains of imprisonment</i>                              | 352 |
| 2.2.2 | <i>Harm resulting from psychosocial effects</i>               | 353 |

|  |     |
|--|-----|
| 3 Imprisonment as a measure of last resort?  | 355 |
| 3.1 Europe as a motor for or a bulwark against increased repression?               | 355 |
| 3.2 Prisoners' rights as a motor for or a bulwark against increased repression?    | 359 |
| 4 Strengths and weaknesses of the current European prison law and policy framework | 364 |
| 4.1 The European Court of Human Rights   | 365 |
| 4.2 The Committee for the Prevention of Torture                                    | 370 |
| 4.3 Council of Europe Recommendations  | 371 |
| 4.4 Mutual reinforcement   | 375 |
| 5 New mechanisms for developing European prison law and policy?                    | 376 |
| 6 The future of European prison law and policy                                     | 381 |
| <i>Bibliography</i>  | 385 |
| <i>Official documents</i>  | 408 |
| <i>Table of Cases</i>  | 415 |
| <i>Table of International Conventions, Treaties, Instruments and Standards</i>     | 423 |
| <i>Table of National Legislation</i>   | 437 |
| <i>Index</i>   | 439 |