

# Contents

<b>Preface</b>	<b>3</b>
<b>1. Introduction</b>	<b>4</b>
About this report	4
What sex, gender and sexuality mean/cover	5
Guiding theoretical framework and structure of this report	7
<b>2. Seeking and obtaining a diagnosis</b>	<b>8</b>
The importance of diagnosis	8
Prevalence of dementia and risk factors	10
Inequity and barriers linked to access to diagnosis	11
The impact of living alone on timely diagnosis	11
Poor rates of diagnosis in residential care facilities	12
Gender identity, sexuality and childlessness	12
Culturally inappropriate diagnostic tools and procedures	13
Homo/transphobia and persecuted minority groups	13
Impact of perceptions of masculinity on seeking diagnosis (and support/care)	14
Sex, gender and ethnicity in relation to the outcome of diagnosis	15
<b>3. Living one's sex, gender and sexuality with dementia</b>	<b>17</b>
Managing and negotiating societal expectations and personal identities	17
Living and ageing well with dementia	17
The impact of stigma	17
The right to define oneself	18
Reciprocity and the continuous management of gender identity	18
Coming out, being outed and passing	19
Dementia, relationships and sexuality	21
About relationships and sexuality	21
Changes in the perceived nature and quality of relationships	22
How dementia impacts on the sexual component of relationships	27
The experience of being a carer and a sexual partner	33
<b>4. Accessing and using professional services, support and care</b>	<b>35</b>
Inequity in the need for and dependency on professional care	35
Gender, isolation and non-mainstream support networks	35
Economic disadvantage	35
Complex care needs	36
Issues related to the nature and quality of services, support and care	37
Person-centred care	37
Discrimination and micro-aggressions against LGBT* people	40
Dementia in the context of sex work	42
Cultural and gendered traditions regarding responsibility for decision making	42
Issues related to gender and sexual identities of professional carers	44
Health and social care staff/workers	44
Live-in carers	46
<b>5. Conclusions</b>	<b>48</b>
<b>Appendix 1 – Acknowledgements</b>	<b>49</b>
<b>Appendix 2 – Glossary</b>	<b>51</b>
<b>Appendix 3 – Guiding theoretical and ethics/human rights framework</b>	<b>54</b>
<b>Appendix 4 – Ethical principles and values</b>	<b>60</b>
<b>Appendix 5 – References</b>	<b>62</b>